



**JYOTI NIVAS COLLEGE AUTONOMOUS
BENGALURU- 560095**

Internal Quality Assurance Cell

**Organizes
A Workshop Series on**

YOUTH HOLISTIC DEVELOPMENT

**"PROACTIVE COPING SKILLS
DURING COVID-19"**

DATE: 14.1.2022

TIME: 11:40AM-12:35PM

VENUE: MS TEAMS



**Facilitator- Ms. Roseline Gomes
Assistant Professor
Department of Psychology
Jyoti Nivas College, Autonomous**

CLICK TO REGISTER-

<https://forms.gle/HGADHn9bRM5BcTQd6>